



Trip Impact Report

Year Group: Year 3 & Year 4	Location: Rock and River Activity Centre	Date: 3rd July 2025
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Summary of trip *(including purpose and links to the curriculum)*

The trip was an opportunity for Year 3 and 4 to experience outward bound activities during a one-day adventure. The centre offered water-based activities and harnessed rope activities.

Both classes had the opportunity to go on the water, taking part in canoeing, kayaking and paddle-boarding. Children were supported in every activity and explained the safety measures and expectations beforehand.

Staff had the opportunity to participate alongside children and support.

Both classes had the opportunity to go on a climbing wall, low ropes course, zip line and air-bag jump.

The trip was an opportunity for children to demonstrate our school's Christian Values – Trust and Perseverance. Trusting the instructors, equipment and themselves as well as persevering when activities felt scary or difficult.

Pupil Voice *(including pupil impact)*

What I enjoyed....

Freddie (Y4) - I enjoyed swimming in the lake after the canoeing.

Alice (Y4) - I enjoyed the zip line!

Carter (Y3)- I enjoyed the climbing wall, the low ropes and pretending to fall off the zipline.

Aren (Y3)- I enjoyed the airbag jump, the paddling and the low ropes.

Why I enjoyed it....

Freddie (Y4) - I enjoyed it because swimming is my favourite thing to do and I did it with my friends.

Alice (Y4) - I enjoyed it because it was really fun but I was scared to do it before, I didn't think I was going to do it.

Carter (Y3)- i enjoyed the climbing wall because I managed to climb up the whole thing for the first time.

Aren (Y3)- I enjoyed it because I got wet.

The impact it has had/will have on my learning is....

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Freddie (Y4) - It will help me with my learning as I had to persevere in the lake to get back on the boat after swimming.

Alice (Y4) - going on the zip line when I felt scared taught me to trust myself when I am scared.

Carter (Y3)- I feel better about climbing walls, I get much higher now in JellyBeans.

Aren (Y3)- I faced my fear of heights.

My next steps in learning following the trip are...

Freddie (Y4) - This trip will help me with my swimming lessons because I feel more confident.

Alice (Y4) - I am going to trust myself in learning and when something is difficult, I know I can do it.

Aren (Y3)- I'm going to persevere with heights because I know I can do it.

Carter (Y3)- I'm going to trust more with things requiring falling because the air bag was scary at first, but it was fine.

Parent Voice

Lottie's Nan (Y4) – I thought the trip was amazing, I loved the way lots of them took to it and got stuck into the activities. It was a lovely opportunity for the children to experience.

Erin's Dad (Y4) – She loved the water sports activities and came home talking lots about it.

Spencer's Mum (Y4) – Spencer loved the trip so much, he came home so excited but also really tired from it.

Roman's Mum (Y3)- I myself had an amazing experience at the Rock and River trip, From the moment we got there all the staff were welcoming, friendly and very helpful. The activities were outstanding from climbing, canoeing and paddle boarding all the children thoroughly enjoyed themselves including us adults. I even got talking to a staff member and he gave me information about revisiting with my family.

Would definitely recommend ☆ ☆ ☆ ☆ ☆

Jacob's Mum (Y4)- Jacob said it was the best trip he has ever been on, better than any holiday he has ever been on, even better than Greece.

George's Dad (Y3)- George enjoyed the trip to Rock and River very much. He outdid himself when climbing the wall, he used his strength and agility to conquer his fears. His Dad really enjoyed the trip too 😊