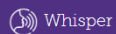


## What our school does to stop bullying

All staff will listen at any time if you want to talk to them about a worry

- We have 'Whisper Boxes' in every classroom
- We have a 'Wellbeing Team' who you can talk to about your worries and they will pass these on to an adult
- We have 'Sports Leaders' to play with younger children during break and lunchtimes
- We have regular circle times or PSHE sessions in class when we can talk about friendship and bullying
- We have stories about friendship and bullying in assembly
- You can have your say through school the pupil questionnaire
- The Anti Bullying Charter will be agreed annually by the Pupil Council
- We have our whisper button



### DON'T

- Do what they say
- Get angry or look upset
  - Hit them
- Think it's your fault
  - Hide it

## What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying
- Let the bully know what is happening
- Tell the bully to stop if it is safe to do so
- Don't stay silent or the bullying will keep happening

## The Head, the Governors and the staff will work together to meet our aims:

- To make our school a happy and caring place for everyone where bullying is not accepted - zero tolerance
- That all children know that all staff will take any bullying seriously
- That everyone in our school and community knows what bullying is by learning about it in school
- To help the people who are bullied and solve the problem
- That all children know how reports of bullying will be dealt with



**ST. MICHAEL  
WITH ST. THOMAS**  
CE PRIMARY SCHOOL  
PART OF THREE SAINTS ACADEMY TRUST

## Anti-Bullying Information for Children



**We must all work  
together to keep our  
school bully-free.**

## What is Bullying?

In our school a bully is where someone hurts, threatens or frightens someone several times on purpose - STOP

### Bullying behaviours can include ;

- **Emotional:** Hurting people's feelings, leaving you out
- **Physical:** Punching, kicking, spitting, hitting, pushing
- **Verbal:** Being teased, name calling
- **Racist:** Graffiti, calling you racist names
- **Cyber:** posting hurtful images, making online threats, and sending hurtful emails or texts.

## When is it bullying?

**Several**

**Times**

**On**

**Purpose**



**We promise to  
always take  
bullying seriously.**

## Who can I tell?

- A friend
- Mum/Dad
- Teachers
- School buddies
- Peer Listeners
- Lunchtime staff
- Any other adult

**MOST IMPORTANTLY :-**

**If you are being bulled:**

**Start Telling Other People!**