



PARENT WORKSHOP

IS IT MEAN OR IS IT BULLYING?





EMOTIONAL BULLYING

Bullies often exclude others from a group, spread rumours and manipulate situations.

The goal is to increase their own social standing by controlling or bullying another person.



WHAT IS BULLYING?

- Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.
(Anti-bullying Alliance's definition of bullying)
- How do we explain this in school in a child-friendly way?
- **S**everal
- **T**imes
- **O**n
- **P**urpose

SCENARIO I

- Thomas drops his pencil on the floor in class, all of his friends laugh at him.
- Mean? Or Bullying?

■ MEAN



■ What could you do?

SCENARIO 2

- Emily accidentally bumped into Archie on the playground. Archie didn't say sorry straight away.
- Mean? Or Bullying?

■ MEAN



■ What could you do?

SCENARIO 3

- Abbie wears glasses. Her friends have been calling her unkind names and have been running away from her when she wants to play at playtime. Abbie came to school the week after and they continued to do it again.
- Mean? Or Bullying?

■ BULLYING



■ What could you do?

SCENARIO 4

- Molly doesn't want to play with Bobby during lunchtime. Bobby is upset.
- Mean? Or Bullying?

■ MEAN



■ What could you do?

SCENARIO 5

- Sam has a birthmark on his arm. The children in his class repeatedly point at it and laugh at it every day. Sam has asked them to stop but they still carry on.
- Mean? Or Bullying?

■ BULLYING



■ What could you do?

SCENARIO 6

- During English, Cameron keeps looking at Alice.
- Mean? Or Bullying?

■ MEAN



■ What could you do?

SCENARIO 7

- Alex has two dads. His friends in his class won't let him work in their group. This has been happening for while even though Alex has been trying his hardest to talk to them.
- Mean? Or Bullying?

■ BULLYING



■ What could you do?

SCENARIO 8

- Pippa has been kicking Archie's chair. Archie has asked her to stop but she did not. Archie told the teacher then Pippa stopped.
- Mean? Or Bullying?

■ MEAN



■ What could you do?