



PARENT WORKSHOP

IS IT MEAN OR IS IT BULLYING?





EMOTIONAL BULLYING

Bullies often exclude others from a group, spread rumours and manipulate situations.

The goal is to increase their own social standing by controlling or bullying another person.



WHAT IS BULLYING?

- Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.
(Anti-bullying Alliance's definition of bullying)
- How do we explain this in school in a child-friendly way?
- **S**everal
- **T**imes
- **O**n
- **P**urpose

SCENARIO I

- Jenny tells Tony that if he doesn't give her his dinner money she will beat him up. Jenny is in the year above Tony and this has been happening every day for the past couple of weeks.
- Mean, bullying, or do you need more information?



- BULLYING



- What could you do?

SCENARIO 2

- Dena keeps telling Susan to wear deodorant and is telling other children in class that she smells. Other children in class have been avoiding her because of this.
- Mean, bullying, or do you need more information?



- BULLYING ✓

- What could you do?

SCENARIO 3

- Holly and Jasmine have fallen out over a boyfriend and Jasmine refuses to speak to Holly.
- Mean, bullying, or do you need more information?

■ MEAN



■ What could you do?

SCENARIO 4

- Each time Ramon walks into a class a group of pupils giggle and whisper to each other.
- Mean, bullying, or do you need more information?



- NEED MORE INFORMATION



- What could you do?

SCENARIO 5

- Terry spits into a can of cola and says he will make Jake drink it. Prior to this, Terry has been poking Jake's lunch and has taken items of his food out of his lunchbox. Jake feels like he has no option but to drink the can of cola.
- Mean, bullying, or do you need more information?



- BULLYING



- What could you do?

SCENARIO 6

- Tania and Susan won't let Rachel play with them.
- Mean, bullying, or do you need more information?



- NEED MORE INFORMATION



- What could you do?

SCENARIO 7

- Joel and Dean have had an argument. Joel kicks Dean's bag across the floor.
- Mean, bullying, or do you need more information?

■ MEAN



■ What could you do?

SCENARIO 8

- Peter accuses Rashid of stealing his game and they have a fight in the corridor.
- Mean, bullying, or do you need more information?



- MEAN



- What could you do?

SCENARIO 8

- John has a disability which means that he cannot always control his movements. When he gets excited his hands jerk up. A group of boys mimic him whenever he tries to join in the football game.
- Mean, bullying, or do you need more information?



- BULLYING



- What could you do?

SCENARIO 9

- Dean's parents have split up. Mark tells everyone in the class and on social media sites. He has been posting memes and messages about his parents breaking up online for everyone to see despite him asking them to take it down.
- Mean, bullying, or do you need more information?



- BULLYING



- What could you do?