



## St Michael with St Thomas CofE Primary School

Newsletter – Friday 13<sup>th</sup> October 2023

### World Mental Health Day

This week we dressed in yellow to raise awareness of the importance of looking after our mental health as well as our physical health. As a school, mental health and wellbeing is something that we are passionate about, as we believe that we can only do our best if

we are feeling good inside and out. This is the same for adults as well as children, and sometimes it is the adults that need reminding the most to take care of themselves! This is a gentle reminder that if you need some support, or someone to talk to, we are here to listen and support in any way that we can, even if it is just a listening ear or signposting you to other professionals that can help. One of my favourite quotes that I share with staff regularly and is displayed in our staffroom, is ***“You can’t pour from an empty cup.”*** So adults, please think about how you are refilling yours.



World Mental Health Day – 10<sup>th</sup> October 2023

### Amazing Sports Teams!

Following on from us gaining the Gold School Games Award for the third year in a row last year, our sports teams have started off the year well with Y3 and Y4 football teams representing the school against Halton schools, and then our Y3/4 Rugby team competing at the stadium in a Rugby Festival with the Vikings and winning every game they played! It must be their new school kits! We are excited for our Y5/6 rugby team to compete at the festival next week – we are sure that they will do just as well! A huge well done to all of the children who participated and demonstrated fantastic sportsmanship throughout.

### Spare Forest School Kits

We are looking for donations of outdoor kit – wellies, waterproof coats and waterproof pants – to build a stock of kit for our outdoor learning through our forest school programme. If you have any kit that your child has grown out of, this would be gratefully accepted.

*If your child has Forest School, please remember that the kit list attached is only suggested items, do not go out and buy anything. Children just need to be warm and wearing clothes that can get muddy or wet. If you don't have wellies or a waterproof coat, please let us know when it is your child's Forest School term and we will have kit they can borrow.*

### Parent Insight Afternoons

We have had another week of fantastic parent insight afternoons – thank you to everyone who has taken part in this during the half term. Below are some of the comments from the feedback sheets:

*“The session was very interactive, encouraging children to participate throughout.”*

*“It was a good reading session seeing how they use the text to answer questions.”*

*“I enjoyed being part of the session today, found it interesting and hope there will be more of the same.”*

*“A thoroughly enjoyable and informative Reading insight session. It was perfectly paced and delivered enthusiastically. All pupils were engaged and contributed exceptionally well.”*

*“This insight session really helped me to see how I can support my child at home using the strategies from the classroom.”*

We are looking forward to next term's insight sessions which will have a focus on maths.

### Parent Drop In Afternoons

Next half term, we will be starting our weekly Parent Drop In afternoons, which will take place on a Tuesday at 1.45pm. There will be a different focus each week, with a range of services attending to offer advice and

support eg the school nurse, PCSOs, Health Improvement Team. Miss Brimble will also be available during these sessions to discuss any other areas of support that you may need for your child or your family. You do not need to book onto the sessions, just drop in to any that you feel will be of benefit to you.

***See the poster attached for details of each week.***

### **Support with Site Safety**

We are asking for volunteers to help us keep the school site and the road outside school safe during drop off and pick up times. Children of families helping can attend breakfast/ASC, and we will provide High Viz jackets and tea/coffee afterwards! If you can help with this, even just for a day, please let me know.

### **Autumn Disco**

Don't forget to buy your tickets for the Autumn Disco on Wednesday 25<sup>th</sup> October. Tickets will cost £5 and are available to purchase on Arbor– this includes the disco, drinks and a hot dog. There will also be a tuck shop available if children want to bring a small amount of money for extra treats.

**Rec, Y1, Y2 and Y3** – 3.20pm – 4.20pm (children can bring their party clothes to school and get changed in the classroom)

**Y4, Y5, Y6** – 4.25pm – 5.25pm

### **Wraparound Care**

Our wraparound care is proving very popular. Please remember to book your child on in advance to enable staff to order enough snacks and arrange activities for all the children.

### **Afterschool Clubs**

If your child is booked onto an afterschool club and is unable to attend please contact the office. Afterschool clubs have limited numbers if your child no longer wishes to go please let the office know so the places can be reallocated.

### **Looking Ahead:**

Here are some important dates for your diaries to help you plan for the next few weeks:

- Mon 16th Oct - Reception Parent Insight session 2.15pm
- Tues 17th Oct - Y3 Parent Insight session 2.15pm
- Thurs 19th Oct - Reception Welcome Worship 10am @school
- Fri 20<sup>th</sup> Oct – Photographer in for Y4 and any pupils who were absent
- Weds 25th Oct - Autumn Disco
- Thurs 26th Oct - Break up for Half Term
- Mon 6th Nov - School reopens for Autumn 2
- w/b 6<sup>th</sup> Nov – Whole School WW2 and Local History Week (*more info to follow*)
- Tues 7<sup>th</sup> Nov – Parent Drop-In Meet the school nurse and Young Carers 1.45pm
- w/b 13<sup>th</sup> Nov – Anti-Bullying Week (*more info to follow*)
- Mon 13<sup>th</sup> Nov – Odd socks day
- Tues 14<sup>th</sup> Nov – Parent Drop In – Health Improvement Team 1:45 pm
- Thurs 16<sup>th</sup> Nov – Whole school Eucharist – parents welcome - 9.30am
- Fri 17<sup>th</sup> Nov – Children in Need
- Mon 20<sup>th</sup> Nov – World Children's Day
- Tues 21<sup>st</sup> Nov – Parent Drop-In Health Technology (how to keep children safe online) 1:45pm
- Weds 29<sup>th</sup> Nov – Y5 Family Worship @School 9am
- *Please note, these dates are subject to change - please ensure you check them each week for any amendments or additions.*

<b>Headteacher's Award for In School Learning</b>		
Reception	Lola	For amazing English work on Owl Babies
Year 1	Iviarna	For her fantastic love of reading
Year 2	Carter	For trying super hard with his handwriting
Year 3	Alice	For always persevering and working hard
Year 4	James	For always participating in the learning with lots of enthusiasm
Year 5	Lydia	For supporting everyone to be the best they can be
Year 6	Amelia	For incredible effort and perseverance in ALL she does

<b>Lunchtime Awards</b>	
Reception	William
Year 1	Eva
Year 2	Carter
Year 3	Willow
Year 4	Joshua
Year 5	Megan
Year 6	George

### **Attendance Matters!**

**Whole school attendance:** 95%

*Well done to our class attendance winners who will get an extra break time this week!*

**Class Attendance winner:** Y5 with 97.3%