Reliable

- Not everything on the internet is reliable, there is a lot of false information on there too.

- Not everyone online is truthful, some people create fake profiles, pretending to be someone else

- Before sharing anything online you should

THINK

T = Is it True?

H = Is it Hurtful?

I = Is it Illegal?

N = Is It necessary?

K = Is it Kind?

Tell

- Always TELL a trusted adult if anything makes you feel uncomfortable

- If an image appears that upsets you, turn off the screen and take the device to an adult

- Press the Report button if one is available

Everyone makes mistakes, especially when you are learning, always tell a trusted adult if you are unsure or uncomfortable.

Remember to make time to do things offline too, this helps you stay healthy and active.

St Michael with St Thomas Church of England Primary School

Tel: 0151 424 4234

The Internet is a huge source of information and allows us to communicate with people all over the world. However, not everything on the Internet is trustworthy. This guide will help you keep yourself safe whilst online.

If in doubt ALWAYS check with a trusted adult.

Be - S.M.A.R.T

Safe

- **Keep your personal information safe and private.**
  - Your name, your age, the area you live, and your school are all personal information
- **Do not share any of your contact details online**
  - Phone number, email, social media contacts should stay private
- **Never use your real name in games or for usernames**.
  - Why not use your favourite team, animal or character in a book as a username
- **Ensure passwords are difficult to guess**
  - A secure password should NOT contain your name or date of birth, school or address. Try adding numbers and special characters. For example, **Wed?nes£day72.**
  - **ALWAYS keep your password private**.

Meet

- **Strangers online are still strangers and may not have been truthful about who they are. NEVER meet with anyone you met online.**
  - Meeting up with someone you have only talked to online can be very dangerous.
  - They may not have been truthful about who they are,
  - They might have been untruthful about why they want to meet up,
  - You should always talk to a trusted adult if you are thinking about meeting someone online
- **If someone is encouraging, you to meet in person you should always speak to a trusted adult**

Accept

- **Don't accept friend requests from people you don't know**
  - Even if you feel you know someone well online, they may not have been truthful about who they are. It is always safer to speak to a trusted adult before meeting anyone you only know from online
- **Don't open emails from people you don't know,**
  - these may contain virus' and damage your devise.
- **Remember anyone you accept as a 'friend' can see everything you post**
  - A picture can contain lots of information, if you take a photo in your school uniform, you will tell everyone on your 'friend' list which school you go to. If you take pictures of your street be careful you are not giving away your address. Remember, once something is shared online it is there forever and for all to see.